

SUPERBEADS World's most important beads

To support and encourage children and young people with cancer on their difficult journey the Swedish childhood cancer foundation, Barncancerfonden, presents Superbeads. Children receive a Superbead for every x-ray, blood test, hospital visit, injections etc. Each treatment has its own specific colourful bead. These Superbeads are added on a string and together they tell the unique story of the child's treatment path.

Superbeads purpose

The Superbeads can be something children look forward to during hard times, but it is much more than just a fun collection of beads. The personal string of beads creates a colourful picture of a difficult period that is often abstract and therefore difficult to put into words. Superbeads give children a better understanding of each stage of their treatment. They get a concrete overview of what has happened. The child can fully verbalise his or her treatment/progress by following the story the beads create - every moment in chronological order from diagnosis to hospital visits, x-ray, stem cell harvesting, etc.

If the child is very young during treatment the Superbeads can show them what has happened when they get older. When treatment is over the children and their families have the Superbeads as a colourful informative string of beads to keep and cherish.

How does it work?

All children and young people aged 0-18 that are treated for cancer can get Superbeads for free. A few days after their diagnose each child receives a waxed string with an anchor and letter beads forming his or her first name. Following this the patients receive new beads for each treatment. Staff help patients and caregivers to learn what each bead represents. After receiving treatment, the patients or their caregive rs should ask for the beads they have earned. When treatment is completed the Superbeads are finished with a special bead; no beads are handed out for follow-up consultations.

Superbeads are also available on a free app. The app is a complement to the physical string of beads and helps count the beads, keep track of them and share it with family and friends. It is easy to see the meaning of each bead and write comments on them. The app is available for Apple and Android and is called SuperSnöret.



Barncancer- fonden In the beginning of treatment, the child gets a string and a pearl with the logo of the childhood cancer foundation	Hoppets pärla This bead signifies the beginning of this journey. Also when relapse happens	Bokstavspärlor When treatment starts the child gets letter beads representing his or her name	Mycket dålig dag Really bad day. E.g. a cancelled party, a knocked- out tooth or needing a morphine pump. The child decides	Superbra dag A super good day. E.g. getting a sibling, been on a little daytrip or being extra brave. The child decides	Stick/injektion One injection or prick on a day	Flera stick på en dag Two or more injections or pricks on the same day	Sätta venportnål Every time a needle is placed in a Port-a-Cath or an Ommaya reservoir	Ta bort nål/stygn/plaster Every time stitches, large plaster casts, large dressings of intravenous needles are removed
Första cytostatika/ guldmedicin For the first treatment of intravenous or intrathecal chemotherapy	Följande cytostatika/ guldmedicin For following treatment of intravenous or intrathecal chemotherapy. One for every day	Cytostatika tabletter For every week of chemotherapy tablets	Strålningsmask When the child gets a radiation treatment mask	Första strålning For the very first ionizing radiation treatment to treat a tumor	Följande strålning For all radiation treatments after the first treatment	Special- behandling E.g. immunotherapy or A-vitamin treatment	Radioaktiv behandling For treatment with radioactive substances (not for a radioactive scan). Glow in the dark bead	Kortison A new pearl for every week with steroids. (Or one every day if the child takes the pills orally and needs encouragement)
Skörda stamceller For every harvesting of stem cells	Stamcells- transplantation start After receiving a stem cell transplant, orange snail	Stamcells- transplantation, end When the child gets out of isolation after the transplant, purple snail	Lumbal punktion For every lumbar puncture	Benmärgs- punktion For every aspiration of bone marrow, purple white bead	Röntgen/ ultraljud For every examination e.g. CT, MRI, X-ray, ultrasound, imaging procedure	Inlagd på sjukhus One for every started week sleeping in the hospital	Inlagd på intensiven One for every started week staying at the ICU	Inlagd och isolerad One for every started week staying overnight in isolation
Operation For every surgery e.g. central vein catheter insertion, PEG feeding tube etc., blue white bead	Sövning For every time the child gets sedation/ anaesthesia	Sondslang/ knapp For every time the child gets a feeding tube inserted or a peg change	Ögon/öron pärla For every treatment, examination or drops of the eyes or ears	Dubbeldusch One bead for every pre-op anti-bacterial double shower	Kateter/lavemang Every time the child gets a catheter or an enema	Blodtransfusion For every transfusion of a blood product e.g. platelets, red cells, plasma	Akut infektion When the child has an acute infection and receives intravenous treatment (e.g. antibiotics). One for every started week.	Ambulans For every time in the ambulance, planned or not planned
Tappa håret When hair starts to fall out or if the child shaves it off	Födelsedag On the childs birthday	15 februari International childhood cancer day	Behandlingens slut After the last treatment				Sanda Hook	